Pathway to ICEEFT Certification as an **EFT** Therapist



The International Centre for **Excellence in Emotionally Focused** Therapy (ICEEFT) has three pathways for Certification as an EFT Therapist.

You can become Certified in any of the three modalities of EFT: couples & relationships (EFCT), individuals (EFIT), or families (EFFT).

> You can become Certified in more than one modality, but you need to complete the Certification requirements one at a time. This quide will show you how!



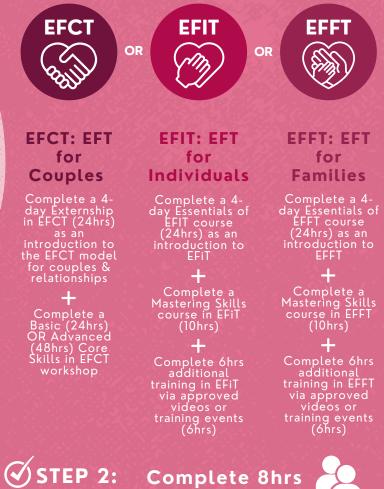


in in EFT with ICEEFT Certified iner & Clinical Psychologist Dr Clare Rosoman www.bceft.com.au



STEP 1: Training required for ICEEFT EFT Certification

Firstly, pick your modality, then complete the training required.



Work with an ICEEFT Certified EFT Supervisor to complete the Certification requirements. Up to four of the required 8hrs can be from group supervision. Start seeking client consent to record some of your sessions

Supervision

Supervisor Assessment for **EFT Certification**



- Your supervisor will be your mentor throughout the process of achieving Certification as an EFT Therapist in the modality you are working on.
- Together, you will discuss your cases & watch recordings of your work in Stage 1 & 2 showing the EFT micro-interventions & the EFT Tango.
- Using the ICEEFT guidelines, your supervisor will assess & discuss your EFT skill level throughout the process.
- Once you are achieving competence in the EFT interventions, select two 20min video clips to submit to your supervisor for Certification. These clips can be from Stage 1 or 2 & must collectively demonstrate all five moves of the EFT Tango, especially the transition from Move 2 to Move 3.
- The supervisor assesses your work for Certification as an EFT Therapist.

STEP 3: Feedback from an EFT Trainer

Select a 20min video segment of your work by an ICEEFT Certified EFT Trainer. & does not have a pass/fail assessment component.

STEP 4: Submission to ICEEFT

Submit your application & supporting materials to ICEEFT for recognition of your Certification.





